

It's easy to save on your dental and vision needs!

Dental Services

Now you can take advantage of substantial discounts on dental care from **Careington International Corporation**, one of the most recognized professional dental networks in the nation. Your dentist has met highly selective credentialing standards based on education, background, license standing and other requirements.

- Average annual savings of \$1,200 per family on dental work
- Savings of 20%-50% on most dental procedures, including routine oral exams, unlimited cleanings and major work such as dentures, root canals and crowns
- Savings of 20% on orthodontics for both children and adults
- Savings of 20% on normal fees for all specialties – including endodontics, oral surgery, orthodontics, pediatric dentistry, periodontics and prosthodontics – where available

The dental care discounts are provided by **Careington International Corporation**.

Sample Savings Based on National Average*

Code	Description	Plan Cost	Regular Cost	Savings
0120	Periodic Oral Evaluation	\$23	\$49	53%
0274	Bitewings-Four Films	\$29	\$63	54%
1110	Prophylaxis-Adult (light)	\$45	\$91	51%
1120	Prophylaxis-Child	\$32	\$67	52%
2160	Amalgam-Three Surface, Primary or Permanent	\$95	\$210	55%
2750	Crown-Porcelain Fused to High Noble Metal	\$577	\$1,070	46%

**These fees represent the C-5 fee schedule. Normal cost is based on the 80th percentile of the National Dental Advisory Service Comprehensive Fee Report for 2008.*

***Prices subject to change*



Disclosures: THIS PLAN IS NOT INSURANCE. THIS IS NOT A MEDICARE PRESCRIPTION DRUG PLAN.*

The plan provides discounts at certain health care providers for medical services. The range of discounts will vary depending on the type of provider and service. The plan does not make payments directly to the providers of medical services. Plan members are obligated to pay for all health care services but will receive a discount from those health care providers who have contracted with the discount medical plan organization. Before purchase, you may access a list of participating health care providers at www.searchforaprovider.com. Upon request the plan will make available a written list of participating health care providers. You have the right to cancel within the first 30 days after receipt of membership materials and receive a full refund, less a nominal processing fee (nominal fee for MD residents is \$5). Discount Medical Plan Organization and administrator: **Careington International Corporation**, 7400 Gaylord Parkway, Frisco, TX 75034; phone (800) 441-0380.

Note to Texas Consumers: Regulated by the Texas Department of Licensing and Regulation, P.O. Box 12157, Austin, Texas 78711; telephone (800) 803-9202 or (512) 463-6599 Web site: www.license.state.tx.us/complaints. The program and its administrators have no liability for providing or guaranteeing service by providers or the quality of service rendered by providers. *Medicare statement applies to MD residents when pharmacy discounts are part of program. This program is not available in Montana and Vermont.



Vision Discounts

- Members save 20% to 40% off the retail price of eyewear
- Receive discounts on exams and contact lenses
- Members are entitled to 15% off the retail price or 5% off the promotional price of LASIK or PRK procedures, whichever is the greater discount
- More than 40,000 providers nationwide including independent optometrists, ophthalmologists, opticians, and leading optical retailers such as LensCrafters®, Sears Optical®, Target Optical®, JCPenney® Optical, and most Pearle Vision® locations

The vision discounts are provided by EyeMed Vision Care Access Plan D.

The Careington Advantage

Careington is the leading provider of health care and lifestyle discounts in the industry.

- All plans include a 45-day satisfaction guarantee
- Everyone is accepted
- Unlimited plan usage, with no administrative forms to file
- Membership includes family members

How to use the plan

1. Visit www.careington.com or contact our member services dept at (800) 290-0523 to locate a participating provider.
2. After you locate a provider in your area, schedule an appointment and confirm the provider's continued participation in the Careington plan.
3. Present your membership card during your visit.
4. You will receive the discount and are responsible for paying the entire discounted fee at the time the service is provided.

How to sign up

1. **Call:** (866) 222-2558 & Mention code "GHM"
2. **Website:** www.careington.com/co/ghm
3. **Mail:** 7400 Gaylord Pkwy, Frisco TX 75034
4. **Fax:** (877) 335-7811

Administered by:
Careington International Corporation